**October Newslette**r

**Dates for the Diary**

**Mid-term break:**School closes Friday, 25th of Oct @ 12pm and re-opens on Monday, 4th of November @ 9.20am.

**Parent Association Halloween Night:** 25th of October.

**Christmas Shoe-box Appeal:** Closing Date is Friday, 8th of November

**Gymnastics**

We are delighted that Colm has returned to do gymnastics lessons with all our classes this term. The children practice flexibility, muscular strength and endurance in each lesson.

 **Rugby**

Another welcome return to our school is from Bandon Rugby Club who are giving coaching Sessions to our 3rd/4th & 5th class students throughout Term 1.

 **Swimming**

Swimming lessons will be starting after mid-term for a 5 week period in Leisure world in Bishopstown for our Senior Classes (3rd-6th class).

 **Positive Mental Health Week**

6th class attended a Positive Mental Health Showcase and Workshop organised by Kinsale Youth Support Services for Positive Mental Health Week at Sáile in Kinsale with other schools in the area. It provided very useful tools to our children to help them look after their mental health.

 **Parent Association News**

 Thank you to all the parents who came to the recent AGM held in the school. The chairperson for this year is Nicola Nolan. Without all the fund-raising done by our parents we would not be able to offer our children all the diverse and engaging activities we do. Currently,  class parent reps are being sought to act as a link between class parents and the committee. There is a particular need for a class rep in 6th class, any parents who are interested in the role can contact the office. New parents are always welcome!

 **Sciath na Scol – Football**

Both our girl’s and boy’s teams played recently in a number of matches against Rennies N.S., Summercove N.S. Minane Bridge and Rusheen N.S. The girls won one of their matches and the boys won two of their matches. Well done to our teams!

**A Happy Halloween to all our families!**